



## FIRST RESPONDER PROVIDER NETWORK

The First Responder Provider Network (FRPN) is a group of behavioral health professionals (counselors, chaplain & psychiatrists) who have a passion for serving first responders.

- The FRPN is available to all first responders in the state of Missouri and this is a self-referral driven system.
  - First responders can access FRPN for one or multiple critical incidents;
  - Many FRPN professionals serve couples and/or children of first responders;
  - FRPN professionals can address many issues such as changes in job, effects of separation/divorce, and preparation for retirement.
- Most who serve on the FRPN have either been first responders, are married to first responders, or were raised by first responders (vetted to be culturally competent).
  - Most FRPN professionals are trained in trauma techniques (such as Eye Movement Desensitization Reprocessing [EMDR]) and other modes of therapy to assist with symptoms of Post-Traumatic Stress (PTS).
- The First Responder Provider Network (FRPN) was established in 2018 as a part of the Missouri Crisis Intervention Team (CIT) program.
- Services with the FRPN professional are confidential. Standardized exceptions should be discussed with your provider.

FRPN HELPLINE - AVAILABLE 24/7

**(765)THE-FRPN**

Please Call Or Text For An Appointment

### Testimonials from first responders who utilized FRPN clinicians

"Before EMDR, I was on the brink of losing my wife, my kids, my job, and even the will to live. Your sessions changed my life. My marriage is healing, and I don't have the symptoms I used to. I have hope again."

"I didn't know what it was like to not feel anxious. I lived with it all my life and now I am even going to social events again."

"I'm actually sleeping at night.

I can't remember the last time I've slept all the way through the night."



A list of these providers can be found at:

[www.mofrpn.org](http://www.mofrpn.org)

The FRPN is considered a self-referral source.

**WWW.MOFRPN.ORG**

**DECEMBER 2024**



MISSOURI BEHAVIORAL  
HEALTH COUNCIL